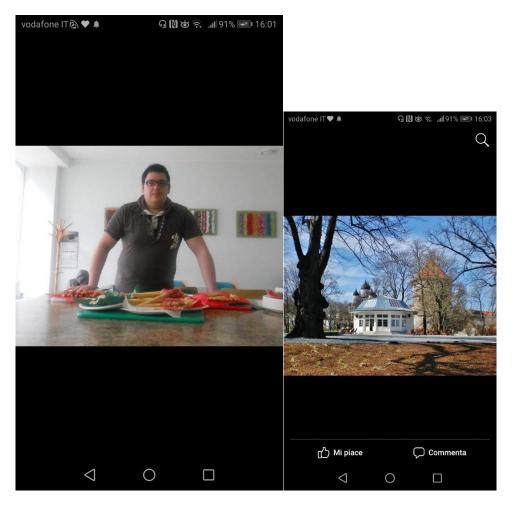
Hello,

My name is Daniele Risa. I have done an EVS project and it has been a fundamental part of my personal development. A friend of mine sent me a message on a November day saying that there was a possibility to do an EVS project in Estonia that I would really like. He was talking about an organisation called UILDM Lazio. There I met the people responsable for the projects and who would support young people with disabilities to participate in social projects in Europe. The name of my project was "Awake Senses" and my role in the project was to raise awareness in the schools where the ideas on disability were completely different. This way I was confronting myself with the hosting country. With me there were also other 2 Italians and 4 Spanish. I was talking to them without any problems because I spoke their language. I have seen machines and clinics and aids that were more developed compared to what we had.

Besides this, EVS helped me in many things: to self-manage, to understand other people better, to improve my social interactions with them, and also my English, which has always been a flaw of mine.

After my project I had several experiences, both for work and others. Thanks to this project and my Youthpass, I was called by a company that was working on social problems in the suburbs of my city.

I have also continued in traveling abroad and participating in intercultural exchanges. I was in a project called "Ricyclove" in Budapest and I bring this experience as well still with me in my "luggage of life".



Daniele Risa