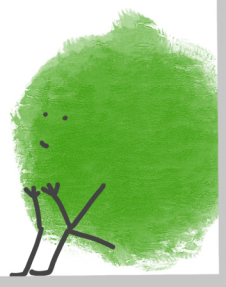
What do I already Know or expect about the country I'm going to?

What do I bring with me?

What feels uncertain or challenging?

What excites me?